

LSTNE McCrea Manor Nursing And Rehab Ctr

Copy of Senior Living F/W Midwest Alts 2023

Regular/NAS/Consistent CHO

Week 1

Sunday Sep-17, Oct-22, Nov-26, Dec-31, Feb-04	Monday Sep-18, Oct-23, Nov-27, Jan-01, Feb-05	Tuesday Sep-19, Oct-24, Nov-28, Jan-02, Feb-06	Wednesday Sep-20, Oct-25, Nov-29, Jan-03, Feb-07	Thursday Sep-21, Oct-26, Nov-30, Jan-04, Feb-08	Friday Sep-22, Oct-27, Dec-01, Jan-05, Feb-09	Saturday Sep-23, Oct-28, Dec-02, Jan-06, Feb-10
Breakfast						
Choice of Cereal, 1 serving Pancakes, 1-5" Pancake Sausage Links, 2 each Maple Syrup, 1 Tablespoon Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz	Choice of Cereal, 1 serving Eggs of Choice, 1 Egg Wheat Toast, 1 slice Jelly, 1 Each Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz	Choice of Cereal, 1 serving Scrambled Eggs, #16 scoop Bacon, 2 slices Blueberry Muffin, 1 muffin Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz	Choice of Cereal, 1 serving Egg & Sausage Strata, 3 x 3-1/3" pc Wheat Toast, 1 slice Jelly, 1 Each Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz	Choice of Cereal, 1 serving Buttered Waffles, 2 Each Sausage Links, 2 each Maple Syrup, 1 Tablespoon Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz	Choice of Cereal, 1 serving Egg Patty, 1 Each Canadian Bacon, 2 Slice Toasted English Muffin, 1 muffin Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz	Choice of Cereal, 1 serving Scrambled Eggs, #16 scoop Sausage Patty, 1 patty Wheat Toast, 1 slice Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz
Lunch						
Garlic Parmesan Chicken Breast, 1 breast Fettuccine Pasta, 4z spoodle Broccoli, 4z spoodle Pumpkin Cake, 2x2" pc Margarine, 1 Each Coffee/Tea, 6 flz	Roasted Pork Tenderloin, 3z slice Au Gratin Potatoes, #8 scoop Green Beans, 4z spoodle Boston Creme Pie, 3x2" pc Margarine, 1 Each Coffee/Tea, 6 flz	Beef Mostaccioli, 1 1/4 cup Cauliflower, 4z spoodle Garlic Toast, 1" slice Peanut Butter Brownies, 2 x 2" square Margarine, 1 Each Coffee/Tea, 6 flz	Meatloaf, 3z slice Mashed Potatoes, #8 scoop Green Peas, 4z spoodle Gingersnap Cookie, 1 each Brown Gravy, 2z ladle Margarine, 1 Each Coffee/Tea, 6 flz	Sweet & Sour Chicken Thigh, 1 thigh White Rice, #8 scoop Sugar Snap Peas, 4z spoodle Fruited Gelatin, #8 scoop Margarine, 1 Each Coffee/Tea, 6 flz	Salmon Patty, 1 each Roasted Red Potatoes, 1/2 cup Green Beans, 4z spoodle Lemon Poke Cake, 2 x 2" pc Margarine, 1 Each Coffee/Tea, 6 flz	Turkey Tetrazzini, 6z ladle Dilled Carrots, 4z spoodle Garlic Toast, 1" slice Choice of Pudding, #8 scoop Margarine, 1 Each Coffee/Tea, 6 flz
Dinner						
Fried Fish, 1 fillet French Fries, 2z fries Creamy Cole Slaw, #8 scoop Cinnamon Applesauce, 4z ladle Ketchup Pkt, 1 Each Margarine, 1 Each 2% Milk, 8 Floz Coffee/Tea, 6 flz	Macaroni & Cheese, 2 #8 scoops Stewed Tomatoes, 4z spoodle Diced Pears, 4z spoodle Margarine, 1 Each 2% Milk, 8 Floz Coffee/Tea, 6 flz	Italian Sausage w/ Peppers & Onions, 4z mt, 1/2c vg Tater Tots, 4z spoodle Brat Bun, 1 Each Raspberry Sherbet Cup, 1 Each Margarine, 1 Each 2% Milk, 8 Floz Coffee/Tea, 6 flz	Corn Chowder, 6z ladle Saltines, 3 Packages BLT Sandwich, 1 each Beets, 4z spoodle Choice of Fresh Fruit, 1 Each 2% Milk, 8 Floz Coffee/Tea, 6 flz	Chili, 6z ladle Chef's Salad, 1 each Saltines, 3 Packages Choice of Fresh Fruit, 1 Each Choice of Dressing, 1 Tbsp Margarine, 1 Each 2% Milk, 8 Floz Coffee/Tea, 6 flz	Chicken Enchiladas, 1 each Spanish Rice, #8 scoop Refried Beans, #8 scoop Fruit Cocktail, 4z spoodle Margarine, 1 Each 2% Milk, 8 Floz Coffee/Tea, 6 flz	Italian Wedding Soup, 6 flz Three Bean Salad, 4z spoodle Bologna and Cheese Sandwich, 1 each Red Grapes, 4z spoodle 2% Milk, 8 Floz Coffee/Tea, 6 flz

LSTNE McCrea Manor Nursing And Rehab Ctr

Copy of Senior Living F/W Midwest Alts 2023

Regular/NAS/Consistent CHO

Week 2

Sunday Sep-24, Oct-29, Dec-03, Jan-07, Feb-11	Monday Sep-25, Oct-30, Dec-04, Jan-08, Feb-12	Tuesday Sep-26, Oct-31, Dec-05, Jan-09, Feb-13	Wednesday Sep-27, Nov-01, Dec-06, Jan-10, Feb-14	Thursday Sep-28, Nov-02, Dec-07, Jan-11, Feb-15	Friday Sep-29, Nov-03, Dec-08, Jan-12, Feb-16	Saturday Sep-30, Nov-04, Dec-09, Jan-13, Feb-17
Breakfast						
Choice of Cereal, 1 serving Eggs of Choice, 1 Egg Breakfast Ham Slice, 1z slice Wheat Toast, 1 slice Jelly, 1 Each Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz	Choice of Cereal, 1 serving Eggs of Choice, 1 Egg Wheat Toast, 1 slice Jelly, 1 Each Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz	Choice of Cereal, 1 serving Scrambled Eggs, #16 scoop Sausage Patty, 1 patty Wheat Toast, 1 slice Jelly, 1 Each Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz	Choice of Cereal, 1 serving Biscuits and Sausage Gravy, 1 bsct, 1z gvy Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz	Choice of Cereal, 1 serving Egg Patty, 1 Each Canadian Bacon, 2 Slice Whole Wheat English Muffin, 1 muffin Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz	Choice of Cereal, 1 serving Pancakes, 1-5" Pancake Sausage Links, 2 each Maple Syrup, 1 Tablespoon Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz	Choice of Cereal, 1 serving Eggs of Choice, 1 Egg Bacon, 2 slices Wheat Toast, 1 slice Jelly, 1 Each Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz
Lunch						
Apple Pork Chop, 1 chop 2 ap Onion Roasted Potatoes, #8 Scoop Dilled Carrots, 4z spoodle Peach Crisp, 3 x 2" pc Margarine, 1 Each Coffee/Tea, 6 flz	Chicken Rice Casserole, 1 brst, 1/2c rice Capri Vegetable Blend, 4z spoodle Chocolate Chip Cookie, 1 Each Margarine, 1 Each Coffee/Tea, 6 flz	Stuffed Cabbage Rolls w/ Sauce, 2 rolls Mashed Potatoes, #8 scoop Choice of Roll, 1 Each Vanilla Pudding, #8 scoop Margarine, 1 Each Coffee/Tea, 6 flz	Beef Shepherd's Pie, 8z ladle Mashed Potatoes, #8 scoop Choice of Roll, 1 Each Dreamsicle Gelatin, 3 x 2 1/2" pc Margarine, 1 Each Coffee/Tea, 6 flz	Comflake Chicken Thigh, 1 each Red Bliss Potatoes, 3 potatoes Mixed Vegetables, 4z spoodle Frosted Banana Cake, 2 x 2 2/3" pc Margarine, 1 Each Coffee/Tea, 6 flz	Kielbasa, 1 each Pierogies, 2 each Sautéed Onions, 1/2 Cup Pudding & Cookie Parfait, 1 each Margarine, 1 Each Coffee/Tea, 6 flz	Citrus-Glazed Turkey Breast, 4z mt Baked Sweet Potato Half, 1/2 each Green Beans, 4z spoodle Chocolate Fudge Cupcake, 1 cupcake Margarine, 1 Each Coffee/Tea, 6 flz
Dinner						
Tomato Soup, 6z ladle Saltines, 3 Packages Grilled Cheese Sandwich, 2.25zchs,2brd Carrots, 4z spoodle Choice of Fresh Fruit, 1 Each 2% Milk, 8 Floz Coffee/Tea, 6 flz	Maple Glazed Fish, 1 fillet Garden Rice Blend, #8 scoop Broccoli, 4z spoodle Choice of Fresh Fruit, 1 Each 2% Milk, 8 Floz Coffee/Tea, 6 flz	Baked Glazed Ham, 3z slice Au Gratin Potatoes, #8 scoop Green Peas, 4z spoodle Choice of Roll, 1 Each Chilled Peaches, 4z spoodle Margarine, 1 Each 2% Milk, 8 Floz Coffee/Tea, 6 flz	Ham Salad Sandwich, 1 each Potato Salad, #8 scoop Cinnamon Applesauce, 4z ladle Navy Bean Soup, 6z ladle Margarine, 1 Each 2% Milk, 8 Floz Coffee/Tea, 6 flz	Teriyaki Mtballs w/ Rice, 3ea,1/2c rice Stir Fry Vegetable Blend, 4z spoodle Emerald Pears, 2 halves 2% Milk, 8 Floz Coffee/Tea, 6 flz	Hearty Cabbage Soup, 6z ladle Saltines, 3 Packages Roast Beef & Provolone Sandwich, 2zmt,1sichs,2brd Pickled Beets, 4z spoodle Choice of Fresh Fruit, 1 Each 2% Milk, 8 Floz Coffee/Tea, 6 flz	Beef Macaroni Casserole, 6z ladle Green Peas, 4z spoodle Breadstick, 1 each Sherbet Cup, 1 Each Margarine, 1 Each 2% Milk, 8 Floz Coffee/Tea, 6 flz

LSTNE McCrea Manor Nursing And Rehab Ctr

Copy of Senior Living F/W Midwest Alts 2023

Regular/NAS/Consistent CHO

Week 3

Sunday Oct-01, Nov-05, Dec-10, Jan-14, Feb-18	Monday Oct-02, Nov-06, Dec-11, Jan-15, Feb-19	Tuesday Oct-03, Nov-07, Dec-12, Jan-16, Feb-20	Wednesday Oct-04, Nov-08, Dec-13, Jan-17, Feb-21	Thursday Oct-05, Nov-09, Dec-14, Jan-18, Feb-22	Friday Oct-06, Nov-10, Dec-15, Jan-19, Feb-23	Saturday Oct-07, Nov-11, Dec-16, Jan-20, Feb-24
Breakfast						
Choice of Cereal, 1 serving Buttered Waffles, 1 each Sausage Links, 2 each Maple Syrup, 1 Tablespoon Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz	Choice of Cereal, 1 serving Eggs of Choice, 1 Egg Blueberry Muffin, 1 muffin Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz	Choice of Cereal, 1 serving Egg & Sausage Strata, 3 x 3-1/3" pc Wheat Toast, 1 slice Jelly, 1 Each Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz	Choice of Cereal, 1 serving Egg Patty, 1 Each Canadian Bacon, 2 Slice Whole Wheat English Muffin, 1 muffin Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz	Choice of Cereal, 1 serving Scrambled Eggs, #16 scoop Bacon, 2 slices Wheat Toast, 1 slice Jelly, 1 Each Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz	Choice of Cereal, 1 serving Eggs of Choice, 1 Egg Breakfast Ham Slice, 1z slice Wheat Toast, 1 slice Jelly, 1 Each Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz	Choice of Cereal, 1 serving Eggs of Choice, 1 Egg Sausage Patty, 1 patty Apple Cinnamon Muffin Bread, 1.5 in slice Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz
Lunch						
Swedish Meatballs, 2 meatballs Noodles, 4z spoodle Green Peas, 4z spoodle Buttered Breadstick, 1 each Oatmeal Raisin Cookie, 1 each Margarine, 1 Each Coffee/Tea, 6 flz	Cheese Ravioli w/Sauce, 4 ea, 2z sce Garlic Herb Breadstick, 1 each Cherry Crisp, 3 x 2" pc Margarine, 1 Each Coffee/Tea, 6 flz Key West Vegetable Blend, 4z spoodle	Ham & Potato Au Gratin, 8z ladle Green Beans, 4z spoodle Apple Dump Cake, #16 scoop Margarine, 1 Each Coffee/Tea, 6 flz	Blackberry Dijon Chicken, 1 each Roasted Red Potatoes, 1/2 cup Broccoli, 4z spoodle Fruited Gelatin, #8 scoop Margarine, 1 Each Coffee/Tea, 6 flz	Turkey Pot Roast, 3.5z piece Baked Sweet Potato Half, 1/2 each Green Beans, 4z spoodle Pumpkin Roll, 1 slice Margarine, 1 Each Coffee/Tea, 6 flz	Citrus Glazed Chicken Breast, 1 breast Bread Stuffing, #12 scoop California Vegetable Blend, 4z spoodle Chocolate Chip Blondie, 2x2" pc Margarine, 1 Each Coffee/Tea, 6 flz	Salisbury Steak, 1 ea, 2z gvy Mashed Potatoes, #8 scoop Whole Baby Carrots, 4z spoodle Mushroom Gravy, 1 flz Brownie Crinkle Cookie, 1 Each Margarine, 1 Each Coffee/Tea, 6 flz
Dinner						
Lemon Baked Fish, 1 fillet Garden Rice Blend, #8 scoop Carrots, 4z spoodle Cinnamon Applesauce, 4z ladle Margarine, 1 Each 2% Milk, 8 Floz Coffee/Tea, 6 flz	Chicken Enchiladas, 1 each Corn, 4z spoodle Refried Beans, #8 scoop Diced Pears, 4z spoodle Margarine, 1 Each 2% Milk, 8 Floz Coffee/Tea, 6 flz	Creamy Sun-Dried Tomato Soup, 6 flz Sallines, 3 Packages Turkey and Swiss Sandwich, 3zmt, 1sl chs, 2brd Southwest Slaw, 4z spoodle Choice of Fresh Fruit, 1 Each Margarine, 1 Each 2% Milk, 8 Floz Coffee/Tea, 6 flz	Mushroom Dill Tuna Noodle Casserole, 8oz ladle Peas & Carrots, 4z spoodle Pudding & Cookie Parfait, 1 each Margarine, 1 Each 2% Milk, 8 Floz Coffee/Tea, 6 flz	Liver & Onions, 1 each American Fried Potatoes, 4z spoodle Choice of Fresh Fruit, 1 Each 2% Milk, 8 Floz Coffee/Tea, 6 flz	Baked Ziti, 1 1/4 cup Cauliflower, 4z spoodle Garlic Toast, 1" slice Citrus Fruited Gelatin, 2 x 2 1/2" pc Margarine, 1 Each 2% Milk, 8 Floz Coffee/Tea, 6 flz	Deli Sandwich, 1 Each Lettuce / Tomato / Onion, 1 garnish Pickled Beets, 4z spoodle Orange Sherbet, 1 each 2% Milk, 8 Floz Coffee/Tea, 6 flz

Sunday Oct-08, Nov-12, Dec-17, Jan-21, Feb-25	Monday Oct-09, Nov-13, Dec-18, Jan-22, Feb-26	Tuesday Oct-10, Nov-14, Dec-19, Jan-23, Feb-27	Wednesday Oct-11, Nov-15, Dec-20, Jan-24, Feb-28	Thursday Oct-12, Nov-16, Dec-21, Jan-25, Feb-29	Friday Oct-13, Nov-17, Dec-22, Jan-26, Mar-01	Saturday Oct-14, Nov-18, Dec-23, Jan-27, Mar-02
Breakfast						
Choice of Cereal, 1 serving Pancakes, 1-5" Pancake Sausage Links, 2 each Maple Syrup, 1 Tablespoon Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz	Choice of Cereal, 1 serving Scrambled Eggs, #16 scoop Wheat Toast, 1 slice Jelly, 1 Each Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz	Choice of Cereal, 1 serving Eggs of Choice, 1 Egg Bacon, 2 slices Wheat Toast, 1 slice Jelly, 1 Each Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz	Choice of Cereal, 1 serving Buttered Waffles, 2 Each Sausage Patty, 1 patty Maple Syrup, 1 Tablespoon Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz	Choice of Cereal, 1 serving Biscuits and Sausage Gravy, 1 bsct, 1z gvy Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz	Choice of Cereal, 1 serving Egg Patty, 1 Each Canadian Bacon, 2 Slice Toasted English Muffin, 1 muffin Jelly, 1 Each Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz	Choice of Cereal, 1 serving Cheese Omelet, 1 each Wheat Toast, 1 slice Jelly, 1 Each Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz
Lunch						
Herbed Pork Loin, 3z mt Ranch Mashed Potatoes, #8 scoop Key West Vegetable Blend, 4z spoodle Biscuit Berry Shortcake, 1 Each Margarine, 1 Each Coffee/Tea, 6 flz	Chicken a la King, 6z ladle Southern Style Biscuit, 1/2 Each Peas & Pearl Onions, 4z spoodle Apple Crisp, 3 x 2" pc Margarine, 1 Each Coffee/Tea, 6 flz	Margherita Cheese Pizza, 1 slice Tossed Salad, 1 cup Choice of Ice Cream, 1 each Choice of Dressing, 1 Tbsp Margarine, 1 Each Coffee/Tea, 6 flz	Mustard Glazed Beef, 3z mt Red Bliss Potatoes, 3 potatoes Green Beans, 4z spoodle Cherry Chocolate Bar, 2x3" bar Margarine, 1 Each Coffee/Tea, 6 flz	Cracker Crumb Chicken, 1 breast Potato Wedges, 3z serving Broccoli, 4z spoodle Coconut Brownie, 2x2" sq Margarine, 1 Each Coffee/Tea, 6 flz	Stuffed Green Pepper, 1/2 Pepper Mashed Potatoes, #8 scoop Buttered Breadstick, 1 each Strawberry Ice Cream, 1 cup Margarine, 1 Each Coffee/Tea, 6 flz	Grilled Pork Chop, 1 chop Chs-Toppd Baked Potato, 1 each California Vegetable Blend, 4z spoodle Banana Cupcake, 1 Each Margarine, 1 Each Coffee/Tea, 6 flz
Dinner						
Breaded Chicken Sandwich, 1 each Creamy Cole Slaw, #8 scoop French Fries, 2z fries Cinnamon Applesauce, 4z ladle Margarine, 1 Each 2% Milk, 8 Floz Coffee/Tea, 6 flz	Stuffed Cabbage Soup, 6 flz Saltines, 3 Packages Cold Roast Beef Sandwich, 3z mt, 2 brd Carrot Raisin Salad, 4z spoodle Mixed Melon Salad, 4z spoodle 2% Milk, 8 Floz Coffee/Tea, 6 flz	Sloppy Joe, #10scp mt, 1bun Baked Beans, #8 scoop Apple Slices, 1/2 cup Margarine, 1 Each 2% Milk, 8 Floz Coffee/Tea, 6 flz	Ham Slice, 3z slice Duchess Potatoes, #8 scoop Whole Baby Carrots, 4z spoodle Diced Pears, 4z spoodle Margarine, 1 Each 2% Milk, 8 Floz Coffee/Tea, 6 flz	OF Meatloaf Sandwich, 1 each Mashed Potatoes, #8 scoop Mixed Vegetables, 4z spoodle Red Grapes, 4z spoodle Brown Gravy, 2z ladle Margarine, 1 Each 2% Milk, 8 Floz Coffee/Tea, 6 flz	Chicken Cordon Bleu, 1 each Onion Roasted Potatoes, #8 Scoop Broccoli, 4z spoodle Banana, 1 Each Margarine, 1 Each 2% Milk, 8 Floz Coffee/Tea, 6 flz	Beef Stew, 6z ladle Tossed Salad, 1 cup Saltines, 3 Packages Southern Style Biscuit, 1/2 Each Orange Sherbet, 1 each Choice of Dressing, 1 Tbsp Margarine, 1 Each 2% Milk, 8 Floz Coffee/Tea, 6 flz

LSTNE McCrea Manor Nursing And Rehab Ctr

Copy of Senior Living F/W Midwest Alts 2023

Regular/NAS/Consistent CHO

Week 5

Sunday Oct-15, Nov-19, Dec-24, Jan-28	Monday Oct-16, Nov-20, Dec-25, Jan-29	Tuesday Oct-17, Nov-21, Dec-26, Jan-30	Wednesday Oct-18, Nov-22, Dec-27, Jan-31	Thursday Oct-19, Nov-23, Dec-28, Feb-01	Friday Oct-20, Nov-24, Dec-29, Feb-02	Saturday Oct-21, Nov-25, Dec-30, Feb-03
Breakfast						
Choice of Cereal, 1 serving Egg & Sausage Strata, 3 x 3-1/3" pc Wheat Toast, 1 slice Jelly, 1 Each Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz	Choice of Cereal, 1 serving Scrambled Eggs, #16 scoop Sausage Links, 2 each Wheat Toast, 1 slice Jelly, 1 Each Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz	Choice of Cereal, 1 serving Eggs of Choice, 1 Egg Bacon, 2 slices Wheat Toast, 1 slice Jelly, 1 Each Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz	Choice of Cereal, 1 serving Egg Patty, 1 Each Canadian Bacon, 2 Slice Toasted English Muffin, 1 muffin Jelly, 1 Each Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz	Choice of Cereal, 1 serving Pancakes, 1-5" Pancake Sausage Patty, 1 patty Maple Syrup, 1 Tablespoon Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz	Choice of Cereal, 1 serving Biscuits and Sausage Gravy, 1 bsct, 1z gvy Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz	Choice of Cereal, 1 serving Buttered Waffles, 1 each Sausage Links, 2 each Maple Syrup, 1 Tablespoon Margarine, 1 Each Juice of Choice, 6 flz 2% Milk, 8 Floz Coffee/Tea, 6 flz
Lunch						
Baked Glazed Ham, 3z slice Sweet Potato Fries, 2z fries Broccoli, 4z spoodle Buckeye Cake, 2x2" pc Margarine, 1 Each Coffee/Tea, 6 flz	Beef Stroganoff, 4z ladle Noodles, 4z spoodle Whole Baby Carrots, 4z spoodle Spiced Fruit & Nut Cake, 2x2" slc Margarine, 1 Each Coffee/Tea, 6 flz	Chicken Rice Casserole, 1 brst, 1/2c rice Key West Vegetable Blend, 4z spoodle Choice of Roll, 1 Each Snickerdoodle Cookie, 1 Each Margarine, 1 Each Coffee/Tea, 6 flz	Pot Roast, 3z piece Golden Mashed Potatoes, #8 scoop California Vegetable Blend, 4z spoodle Chocolate Cheesecake Bars, 2" bar Margarine, 1 Each Coffee/Tea, 6 flz	Sweet & Sour Meatballs, 2 mtballs 2z sce White Rice, #8 scoop Sugar Snap Peas, 4z spoodle Vanilla Shortbread Cookie, 1 each Margarine, 1 Each Coffee/Tea, 6 flz	Roast Turkey, 4z slice Bread Stuffing, #12 scoop Green Beans, 4z spoodle Pumpkin Cinn Roll Bread Pudding, 2x3" pc Gravy, 2z ladle Margarine, 1 Each Coffee/Tea, 6 flz	Honey Mustard Pork Tenderloin, 3z slice Buttered Noodles, 4z spoodle Carrots, 4z spoodle Princess Bars, 2 x 3" pc Margarine, 1 Each Coffee/Tea, 6 flz
Dinner						
Salmon Patty, 1 each Long Grain & Wild Rice, #8 scoop Stewed Tomatoes, 4z spoodle Diced Pears, 4z spoodle Margarine, 1 Each 2% Milk, 8 Floz Coffee/Tea, 6 flz	Tomato Basil Soup, 6z ladle Saltines, 3 Packages Turkey and Swiss Sandwich, 3zmt, 1sl chs, 2brd Broccoli Raisin Salad, #8 scoop Apple Slices, 1/2 cup Margarine, 1 Each 2% Milk, 8 Floz Coffee/Tea, 6 flz	Hamburger, 1 each Tater Tots, 4z spoodle Sandwich Garnish w/Pickle, 1 garnish Pineapple, 4z spoodle Margarine, 1 Each 2% Milk, 8 Floz Coffee/Tea, 6 flz	Hot Dog Coney Island, 1 each French Fries, 2z fries Roasted Zucchini, 4z spoodle Banana, 1 Each Ketchup, 1 Each 2% Milk, 8 Floz Coffee/Tea, 6 flz	Pulled Pork, #8 scoop Creamy Cole Slaw, #8 scoop Combread, 3 x 2.5" pc Cinnamon Applesauce, 4z ladle Margarine, 1 Each 2% Milk, 8 Floz Coffee/Tea, 6 flz	Lasagna, 4x3" pc California Vegetable Blend, 4z spoodle Garlic Toast, 1" slice Fruit Cocktail, 4z spoodle Margarine, 1 Each 2% Milk, 8 Floz Coffee/Tea, 6 flz	OF Hot Turkey Sandwich, 1 each Mashed Potatoes, #8 scoop Green Peas, 4z spoodle Red Grapes, 4z spoodle Gravy, 2z ladle Margarine, 1 Each 2% Milk, 8 Floz Coffee/Tea, 6 flz